# **CLASSIC BREAKFAST**

AVAILABLE MONDAY - FRIDAY, 7AM - 11AM excludes holidays. 21 PER PERSON excludes tax and service fee.

# ··· ENTRÉES ···

### BARNYARD BREAKFAST\*

Two eggs any style, choice of meat, home fries with maple onions, toast.

### FARMER'S BURRITO

Scrambled eggs, bacon, pork sausage, home fries, cheddar, peppers, scallions, in a flour tortilla, side of avocado mix.

### **BUTTERMILK PANCAKES + EGGS\***

Eggs any style, choice of turkey bacon, turkey sausage or veggie sausage.

### AVOCADO TOAST @

Avocado mix, queso fresco, radishes, pomegranate seeds, basil oil on rustic sourdough topped with cilantro.

# LOW-FAT VEGETARIAN OMELET 🔾 🐠

Egg whites, low-fat cheddar, peppers, cremini mushrooms, tomatoes, strawberries and fruit, toast.

### POWER BREAKFAST\* •

Egg whites, cremini mushrooms, spinach, roasted tomatoes, feta, turkey bacon, strawberries and fruit, toast. cal 377, fat 19q, chol 53mq, carb 18q, fib 3q, prot 35q (without toast)

# ·· BEVERAGES ···

CHOICE OF ONE BEVERAGE

# **COMPASS COFFEE**

## MIGHTY LEAF ORGANIC TEAS

Black: Bombay Chai, Earl Grey / Green: Mint, Tropical Herbal, Caffeine Free: Chamomile Citrus, African Nectar

## JUICES

Orange / Apple / Cranberry

## FLEXITARIAN HEALTHIER OPTIONS

OLower in Fat or Cholesterol Gluten-Free Vegetarian

\* Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness especially if you have certain medical conditions.

# **METROPOLITAN BREAKFAST**

AVAILABLE MONDAY - FRIDAY, 7AM - 11AM excludes holidays. 24 PER PERSON excludes tax and service fee.

# ··· ENTRÉES ····

### CARAMEL FRENCH TOAST + EGGS

Cinnamon powdered sugar, salted caramel drizzle, syrup, with eggs and choice of meat.

# OAT MILK 2 BERRY PANCAKES 🕥

Stack of oat milk pancakes, fresh blueberries, topped with raspberries, sunflower seeds, thyme, cinnamon powdered sugar, agave.

# OAXACA (WAH-HAW-KAH) OMELET @

Pico de gallo, pepper jack, salsa roja, cilantro, avocado mix, strawberries and fruit, toast.

# PARADISE FRENCH TOAST + EGGS (19 (19

Coconut crusted, topped with strawberries, salted caramel drizzle, agave, with eggs and choice of meat.

### **BISON HUEVOS RANCHEROS\***

Organic bison and chorizo hash, eggs over-easy, peppers, scallions, cilantro, goat cheese, avocado mix, salsa roja, crispy tortillas.

## **EGGS BENEDICT\***

Eggs over-easy, American cured prosciutto, tomatoes, béarnaise, home fries with maple onions.

# ··· BEVERAGES ···

CHOICE OF ONE BEVERAGE

### **COMPASS COFFEE**

## MIGHTY LEAF ORGANIC TEAS

Black: Bombay Chai, Earl Grey / Green: Mint, Tropical Herbal, Caffeine Free: Chamomile Citrus, African Nectar

### JUICES

Orange / Apple / Cranberry

## FLEXITARIAN HEALTHIER OPTIONS

OLower in Fat or Cholesterol Gluten-Free Vegetarian

\* Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness especially if you have certain medical conditions.